



EPHESIANS 3:14-21

“FILLED WITH GOD’S FULLNESS”

OCTOBER 5, 2025

SUMMARY

This week in our Renewed series, Pastor Jeff asked a key question: “What if it's not about what God wants from you but about what God wants FOR you?” This week's text clearly answers this question with a staggering claim: God wants you to know His love so you may experience the fullness of God.

In this week's text, Paul offers a remarkable prayer, not asking for better behavior but for believers to be filled with the full measure of God. This isn't a moral checklist; it's a vision of deep spiritual intimacy with the God of the universe. The core of Paul's prayer is that we would experience the breadth, length, height, and depth of Christ's love for us. This prayer reveals the heart of God: His primary motive is not our behavior, but His desire to awaken us by His love and transform us into His likeness. Pastor Jeff said there are three ways God wants to fill us with his love:

- Filling us with His Strength: God gives us an inner strength, rooting us and grounding us in his love despite our circumstances.
- Filling us with His Presence: God dwells with us in our hearts, and we experience a relationship with him through Faith in Jesus.
- Filling us His fullness: God gives us abundant life in him by filling us with His character, righteousness, and Spirit.

But to be filled with God's fullness, we must ask ourselves: Do we believe God can fill us with His fullness? If so, then we should ask why we are not experiencing it? Pastor Jeff said that perhaps we are too full of other things. Therefore, we must empty ourselves of ourselves and go to God's well of love and care for us, filling ourselves to the brim with His fullness.

Together, let's unpack this text and seek to be filled with the fullness of God.

DISCUSSION

Expand Our Awareness

- When you think about what God desires for you, what comes to mind first? Why?
- How has the book of Ephesians shifted or deepened that understanding?



This document can be used for either personal or group reflection.

Group facilitator: Please feel empowered to use only the questions that are helpful for the context of your group.

Extract the Truth

Read the text: Ephesians 3:14-21

- What stands out to you the most about Paul's description of God's love?

Paul says the love of Christ "surpasses knowledge."

- What does it mean to know something that goes beyond knowledge, and how should this affect your approach to God?

Paul believes we can be "filled with all the fullness of God."

- What does that phrase mean, and how does it differ from simply "doing more" for God?

Experience Transformation

- Do you believe we can be filled with the fullness of God? Why or why not?
- What makes that so difficult to experience, and how can we remove things to make more room for God?

Pastor Jeff said God's love gives us His:

- Strength- Inner Capacity
- Presence- Relationship and Intimacy
- Fullness- Abundant Life and Character
- What's one situation in your life right now where you need to remember that God is able to fill you with his fullness, and which one of these do you feel the most need for?
- How would your situation change if you were truly living from a place of being filled with God's fullness?

Pray



**PREPARE FOR
NEXT WEEK:**

Ephesians 4:1-6