



EPHESIANS 3:14-21

"FILLED WITH GOD'S FULLNESS"

OCTOBER 5, 2025

SUMMARY

This week in our Re[New]ed series, Pastor Jeff asked a key question: "What if it's not about what God wants from you but about what God wants FOR you?" This week's text clearly answers this question with a staggering claim: God wants you to know His love so that you experience His fullness.

In this week's text, Paul offers a remarkable prayer, not asking for better behavior but for believers to be filled with the full measure of God. This isn't a moral checklist; it's a vision of deep spiritual intimacy with the God of the universe. The core of Paul's prayer is that we would know the immeasurable extent of Christ's love for us. This prayer reveals the heart of God: His primary goal is not to change our behavior, but to awaken us by His love and transform us into His likeness. Pastor Jeff said there are three ways God wants to fill us with his love:

- Filling us with His Strength: God continually gives us an inner strength, rooting us and grounding us in his love despite our circumstances.
- Filling us with His Presence: God increasingly dwells with us in our hearts, and we experience a deepening relationship with him through faith in Jesus.
- Filling us with His fullness: God gives us abundant life in him by filling us with His character, righteousness, and Spirit.

We need to ask ourselves: Do I believe God can fill me with His fullness? If so, then we should ask why we are not experiencing it. Pastor Jeff suggested that we may be too full of other things. Therefore, we must empty ourselves of ourselves and go to God's well of love and care for us, filling ourselves to overflowing with His love and presence.

Together, let's unpack this text and seek to be filled with the fullness of God.

DISCUSSION

Expand Our Awareness

- When you think about what God desires for you, what comes to mind first? Why?
- How has the book of Ephesians shifted or deepened that understanding?



This document can be used for either personal or group reflection.

Group facilitator: Please feel empowered to use only the questions that are helpful for the context of your group.

Extract the Truth

Read the text: Ephesians 3:14-21

- What stands out to you the most about Paul's description of God's love?

Paul says the love of Christ "surpasses knowledge."

- What does it mean to know something that goes beyond knowledge, and how should this affect your approach to God?

Paul believes we can be "filled with all the fullness of God."

- What does that phrase mean, and how does it differ from simply "doing more" for God?

Experience Transformation

- Do you believe we can be filled with the fullness of God? Why or why not? What makes that so difficult to experience?
- Life can be hard, disappointing, and painful. Where do you tend to turn for distraction, comfort, hope? How can you remove things to make more room for God?

Pastor Jeff suggested that one way to live out Paul's prayer is to meditate on the expanse of God's love for us. Work on replacing habits of distraction with intentional meditation on God's love:

- Its breadth — it reaches across every tribe, tongue, and nation.
- Its length — it stretches from eternity past to eternity future.
- Its height — it lifts sinners to heavenly places in Christ.
- Its depth — it reaches down to the lowest sinner in the pit of sin and shame.
- How would your life change if you lived more regularly from an awareness of God's love that overflowed into an experience of His fullness?

Pray



**PREPARE FOR
NEXT WEEK:**

Ephesians 4:1-6