



Sermon Discussion Questions

Matthew 5:21-26 // Rage, Resentment, and Reconciliation

- Has anyone ever come to you unprompted to apologize for something they're done to hurt you? Have you ever done that? What happened as a result?
- Jesus essentially equates anger, scorn, and disdain with murder. What makes it hard for us to accept that comparison?
- What makes you angry? Not all anger is loud and aggressive – what does your anger tend to look like?
- Do you think the “seriousness” or wrong-ness of anger depends on how its expressed?
- Pastor Jeff suggested that underneath a lot of our anger is fear. Do you agree? Is there a fear underneath your anger? How does Jesus help us deal with our fears?
- What would need to do better, do more often, or do more intentionally to know whether someone has anything against us?
- If there is anyone you need to go and be reconciled with, pray for that person, pray for your heart, and reach out to them.
- Our culture (even our Christian sub-culture) seems to model and encourage anger, judgment, and condemnation. What steps will you take to pursue a peaceful heart and peaceful interactions with others?