

L I F E I N T H E S P I R I T

Sermon Discussion Questions

Self-Control // 1 Corinthians 9:19-27

- How have you had to exercise more self-control in this season of pandemic and uncertainty?
- Read w 25-27. Pastor Jeff defined self-control as “a process of self-discipline, for the sake of other people, because of the prize.” When have you experienced the difference between trying to do something difficult and training to do it?
- How are you intentionally training yourself for godliness?
- Read w 19-22. The fruit of self-control is for the sake of other people. Pastor Jeff shared the example of Daryl Davis, a black man, reaching out to befriend white Klansmen. What people, parties, or policies seem offensive, stupid or outrageous to you?
- How is God stretching you to exercise self-control for the good of people you disagree with?
- Read w. 23-25. The Spirit empowers us to exercise self-control because of the prize. How does keeping the end in mind help us stay focused in our day-to-day lives?
- What blessings, prizes, or rewards do we already have in Christ? What reward or blessings are awaiting us?
- Do you really believe the prize will be worth more than the pains or discipline you endure? How does discipline in godliness increase our ultimate enjoyment of Christ?



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