



## Sermon Discussion Questions

Anxious and Troubled // Luke 10:38-42

- How we respond and react to interruptions in our day says a lot about us. They can expose our need for God. How do you react when you're interrupted?
- Pastor Joey referenced C.S. Lewis early on, and explained that sometimes it's possible that God is choosing to give us interruptions. This is a great sign that God is at work in our life. Think of a time your life has been interrupted in the past and how God used it to work in your life.
- What would you do if Jesus showed up and interrupted your day? Would you see it as an opportunity to serve him, or to be with him? Another way to put this is, would you respond with, "Jesus needs me," or "I need Jesus."
- Are you carrying any burdens that aren't yours to carry at the moment? Are you serving before you're meeting with Jesus?
- Pastor Joey said, if we don't know what is valuable, then we don't know what to give our attention to. What is valuable to you and worthy of your attention?
- To close, Pastor Joey suggests that we take a step back and reflect on adopting a Rule of Life. He gives many ideas of ways to establish this common rule, including: daily scripture plan, kneeling to pray, prayer before phone, reaching out, love the five houses around yours, and more. What ideas could you begin to practice today?

