



LAMENTATIONS

LOOK ON MY SORROW

Sermon Discussion Questions

Comfort From The Destroyer // Lamentations 2

- How has this sermon series on Lamentation hit you so far? What's sticking out to you about lament?
- Pastor Joey had a large stack of books about lament on the table, and only one book that is designed to lead a person through crafting their own laments. Why do you think it's easier to talk about lament than it is to actually lament ourselves?
- Do you have a hard time articulating your grief? Why do you think that is?
- There are a lot of negative actions attributed to God in Lamentations 2:1-5. Do you have a hard time reconciling those actions with the covenant-keeping God of Psalm 23?
- Pastor Joey made a point to talk about "fierce indignation" from Lamentations 2:6. How would you describe fierce indignation? How is it different from unhealthy anger?

- The narrator of Lamentations, likely the prophet Jeremiah, breaks in with his own griefs in Lamentations 2:11-17. How is your experience of grief similar? How is it different?
- The narrator says that the people's wound is "as vast as the sea." How would you describe your own grief wounds? What pictures or analogies fit your griefs best?
- The narrator calls people to name their griefs before God, to let their words flow as freely as their tears do. How have you found it difficult in your own life to narrate your griefs to God?
- According to Lamentations, the only place to find comfort in our griefs is in the presence of the God who caused our griefs (or at least allowed them to happen). How has that reality kept you from coming to God for comfort?
- Pastor Joey said that we have to name our griefs before they can be transformed into laments; we have to name our sorrows before they become songs. How has refusing to acknowledge your grief and sorrow kept you from transforming them into laments before God?
- We were challenged by Pastor Joey to name our griefs. If you couldn't bring yourself to write down your grief and sorrow, who can you share your griefs with? Who carries your sorrows with you?
- Where does hope begin to glimmer on the horizon of grief? Lamentations 2:20 hints at the resurrection reality, that God in Jesus entered into our suffering, joined with our grief, carried our sorrows. How do these words and the words of Isaiah 53 comfort you in your sorrow?

