



Sermon Discussion Questions

The Word of God // Psalm 1

- We all tend to struggle with making hard or painful short-term decisions that will benefit us in the long run (think diet, exercise, difficult conversations, turning off the TV, etc.). Why do you think that is? What is an area where you seem to struggle with prioritizing long-term health over short-term pleasure? In what ways do you intentionally make decisions with an end result in mind?
- Proverbs 14:12 talks about a way that seems right to us, but leads to death. How do you see that reflected in Psalm 1:1? The "way that leads to death" doesn't usually come with warning signs (like wicked, sinful, or scoffing God). When have you made choices that seemed good, but ended up leading in a disastrous direction? What got you back on track?
- What do we tend to think of as "blessings"? What people, outcomes, or lifestyles do we tend to think of as blessed? How does agree or disagree with the way the Psalmist describe a life that is blessed?
- What things do you delight in? Is it easy or difficult to see God's Word as a delight? Why?
- In Hebrew, to meditate means to ponder, go over, reflect on, ruminate. What things do you "meditate" on? What would it look like to meditate on God's word like the Psalmist encourages here?

- The Psalmist pictures the blessed person (v. 3) as one whose love of God's word produces love, endurance, and hope. How have you experienced those blessings in your life or through someone else?
- What do you want God to do in your life through this study of his word? How can your knowledge or study of God's word be a blessing to someone else?

