



Sermon Discussion Questions

Confession and Assurance // Psalm 32

- How have you seen guilt destroy your confidence, damage your relationships, or delay your growth? Are there people you avoid, subjects you won't talk about because of a moral compromise or embarrassment?
- Is all guilt bad? What is the difference between a healthy feeling of genuine guilt and false guilt? How do we try to deal with guilt apart from God?
- David describes sin as defiance, missing the mark, and crookedness (perversion). How do we prefer to describe our sin? How do certain sins in your life tend to fall into one particular category or another? How does David say that God deals with those sins when we confess them?
- Why do we delay in coming to God? Or "keep silent" about our sin? How have you suffered physically, emotionally, spiritually from a lack of honesty with God?
- What blessings does God provide for those who turn to Him? How has God protected and directed you? How has God given you reason to celebrate and bless Him for His goodness?
- How can we develop an ongoing attitude of confession and humility? What would help us grow as a church community in being a safe place for people to be honest about our sins and failings?